Script Updated September 15, 2019 — Sunday Night BDA Phone Meeting — 8PM Eastern

ACKNOWLEDGING SERVICE @ the meeting

This meeting requests that the CHAIR write down the names of everyone who shares or does service of any kind. We like to thank the listed people by name at the end of the meeting.

PHONE SCRIPT 8:00 pm EST – Meeting opening (10 minutes)

CHAIRPERSON: Welcome to the Sunday night BDA phone meeting for business owners who desire recovery from problems with compulsive debt. My name is ______ and I am a business owner and recovering compulsive debtor. Will all who care to please un-mute by pressing *6 and join us in the Serenity Prayer (wait for a count of 5): "God, grant me the serenity to accept the things I cannot change, the courage to change the things I can, and the wisdom to know the difference." Now everyone please mute by pressing *6 unless you are reading or speaking?

READINGS BY GROUP MEMBERS: Meeting readings can be found at sundaybdaphone.org. Choose "Meeting" Readings" from the menu, then click on the image, if it's not readable, to open a pdf. (Note to Chair – we usually gather all three readers before asking the first one to start. You can read if necessary.)

- 1. Would someone like to read "What is BDA" from the BDA Pamphlet?
- 2. Would someone be willing to read the Twelve Steps and the Tradition for this month?
- 3. Who would like to read the Additional Tools for Business Debtors Anonymous from BDA Pamphlet?

CHAIR READS: The Sunday Night BDA Phone meeting is following a format revised by group conscience as recently as September 2018:

Week One: Read STEP of the month from 12, 12, and 12 Book

Week Two: SPEAKER on STEP of the Month

Week Three: Read TRADITION of the month from 12, 12, and 12 Book / 15-minute BUSINESS MEETING beginning at 8:45pm Week Four: Read BDA TOOL of the month from BDA Tools pamphlet

Week Five: Read CONCEPT of the month from 12, 12, and 12 Book

<u>8:10 pm – Speaker OR Reading (15 minutes or until finished)</u>

Week 2 only – Tonight the speaker will share for 15 minutes on Step __________, Concept _____, or BDA Tool ______, Or BDA TOOL _______, Or BDA TOOL _______, Or BDA TOOL ______, Or BDA TOOL _______, OR BDA TOOL ________, OR BDA TOOL _______, OR BDA TOOL _______, OR BDA TOOL ________, OR BDA TOOL (see previous page)

Week 2 only – Is someone willing to be of service tonight as Spiritual Time Keeper? (no requirements for position) Is our Speaker Getter on the line? Would you introduce our speaker tonight? [If not present, ask for speaker to come forward. If present, speaker getter will help arrange time warning requests, give a brief intro to the speaker, and start the recording.] IN THE CASE OF AN ABSENT SPEAKER ON WEEK TWO:

Week 2 only - Would someone like to share their experience, strength, and hope in BDA and how they've applied this month's Step to their recovery in business? Eligibility for speakers is 90 days of not incurring any new unsecured debt, has a sponsor, has taken this month's Step, at least 2 PRGs, and willing to be recorded. (*9 and 1 to start recording; *9 and 1 to end recording.)

Weeks 1, 3, and 5 – This week we ask members to read a page each from the DA book. There are _____ pages in tonight's reading. May I get one volunteer for each page now? (If you can't get all readers at once, get at least three to start.) Week 4 only – This week we ask one member to read Tool from the BDA Tools pamphlet. Who will be our reader?

8:25 – 8:40 – GROUP SHARES on topic (3min per person)

Week 2 only – Thank you to our Speaker for their experience, strength, and hope on Step _____. Would the Speaker care to share your contact info now? Please speak slowly and clearly. If you are not here later, may I share your contact info? For everyone else, I will facilitate contact info exchange near the end of the meeting. Next is group sharing. Group shares are 3 minutes. Timekeeper will give you a one-minute warning after 2 minutes have passed. Please acknowledge you've heard your warning.

- OTHER WEEKS - Thank you to everyone who read tonight on our topic of ______. Next is group sharing. Is someone willing to be of service tonight as Spiritual Time Keeper? (no requirements for position) Group shares are 3 minutes. Timekeeper will give you a one-minute warning after 2 minutes have passed. Please acknowledge you've heard your warning. Who will be our first three sharers? And so on ...

8:40 – Announcements Break

ALL WEEKS – We will now break for about 5 minutes for 7th Tradition, BIZ Announcements, and Service Positions. Reminder: Our Business meeting is on the 3rd Sunday of each month. It is a 15-minute meeting at :45 past the hour.

1. <u>Seventh Tradition Announcement by Treasurer or substitute:</u>

This meeting has no dues or fees for BDA membership; we are self-supporting through our own contributions. By participating in 7th Tradition we enjoy the privilege of giving back what has so generously been given to us. We collect contributions to cover expenses, first for our general fund, used for our group needs, such as outreach materials and support of the DA service structure, and second we have a GSR fund, used to fund the expenses of our representative at DA's World Service Conference. Most members make contributions via the PayPal buttons on our website at sundaybdaphone.org. If you prefer to physically mail your donation, please email me at <u>billotr@outlook.com</u>, and I will provide you with a physical mailing address. Please attend our next business meeting to hear our monthly Treasurer's report.

Some members of our group have made 7th Tradition contributions by purchasing and mailing free pieces of DA and BDA literature to members who need them. If you would like to have either the introductory BDA pamphlet OR the BDA Tools pamphlet, or either the DA 12, 12, and 12 book or DA's A Currency of Hope book, mailed to you at no cost, simply email your name, physical mailing address, and which BDA pamphlet or DA book you are requesting to me at <u>billotr@outlook.com</u> and your literature will be gratefully sent to you.

2. **Business Announcements:**

Does anyone have Business announcements for the good of the group or **DA** or **BDA** as a whole?

3. Finding BDA Meetings and Readings:

Once more, please visit our group's website at sundaybdaphone.org to find our meeting readings and other details about our group.. Most BDA readings, meetings, and contact information can be found at <u>www.debtorsanonymous.org</u>. BDA and DA phone meetings are also listed on the <u>www.datig.net</u> website. (That is the Debtors Anonymous Telephone Intergroup website).

<u>8:45 pm – Except Week 3 – RETURN to Regular Shares</u>

We'll now return to group 3-minute shares. We encourage NEWCOMERS to claim your seat. Sharing in meetings aids our recovery. For all who share, please acknowledge the TIMEKEEPER'S 1-minute warning.

<u>ON 3rd Sundays</mark> — See Biz meeting agenda at sundaybdaphone.org</u>

8:45 – 9:00 pm – Close with Serenity Prayer as close to 9pm as possible and give meeting back to Meeting Chair.

<u>9:00-9:04 pm – 4 minutes for Business Goals</u>

Our meeting encourages you to share your business goals for the upcoming week. Please keep them clear and brief so all who care to share may do so. Rather than waiting to be called on, please speak up whenever you are ready. If two members speak up at the same time, please politely resolve the overlap. We have up to 4 minutes to share our goals.

<u>9:04-9:09 pm – 5 minutes to Facilitate Contact Info Exchange,</u> including availability for PRGs and Sponsorship

ALL WEEKS – This is the time in our meeting when we share contact information. We have a group contact list much like the paper list you would see in face-to-face meetings. Several of the people on tonight's call are on that list, which is a simple Excel spreadsheet on the OneDrive platform – password-protected and with no advertising. If you would like access to the list for outreach to fellow members, or to add your name and contact info to the list, please email Bob, our 2019 Group Tech Coordinator, at <u>sundaybdaphone@gmail.com</u>, to request access. A link to the list will be emailed to you within 24 hours.

Pause to ask – "Does anyone need me to repeat the email address to get the link for our contact list?"

✓ In addition, we facilitate the direct exchange of contact info now. Keep in mind when you share your information you are sharing with anyone who is listening. If you would like to be in contact with someone you heard on tonight's call, please state your name, then state the name of the person you would like to contact.

Pause to facilitate requests and responses. TO CHAIR: For each request, ask if the person being asked for contact info is still on the call and facilitate exchanges until all requests are satisfied.

✓ Would our Newcomer Greeter like to share your contact info for outreach between meetings? (If they haven't already.)

Pause for Newcomer Greeter to respond.

✓ Finally, is anyone willing to share contact info as a potential sponsor or PRG participant?

Pause for members to offer sponsorship and PRGs.

<u>9:10 pm – 5 minutes to Close</u>

- "Who would like to give service and read the Promises of Debtors Anonymous?"
- 2. We like to directly thank everyone who participates in our meeting each week. (Please read the names on your list of participants including the speaker, readers, sharers, goal setters, and elected trusted servants if applicable.)
- 3. Chair Reads:

DA's Statement of Purpose: In D.A., our purpose is threefold: to stop incurring unsecured debt, to share our experience with the newcomer, and to reach out to other compulsive debtors.

Statement of Confidentiality - At BDA we practice anonymity, the spiritual foundation of all our traditions. Anonymity means that B.D.A. members do not reveal the names of anyone we see/hear at meetings nor what is shared at meetings, allowing us freedom of expression. Anonymity works by assuring that what we say at meetings or to other B.D.A. members at any time will not be repeated. Anonymity protects all members from identification as compulsive debtors and provides the assurance that what we share is not repeated.

9:14 pm and a half – 30 seconds to Close

Say to meeting: "Everyone please un-mute by pressing * 6 and let's close with the 'We' version of the Serenity Prayer."

"God, grant US the serenity to accept the things WE cannot change, the courage to change the things WE can, and the wisdom to know the difference."

Thanks everyone for a great meeting! I'll now turn the call over to ______, our Newcomer Greeter, to help newcomers and to answer questions. Everyone is welcome to stay.

9:15pm EST – End on Time